



The Trinsian

September
&
October
2016

WHERE LEARNING IS FOR LIFE

The International School Award



Trivandrum International School has been awarded the ISA(International School Award) by the British Council for the second consecutive time for the period 2016 -2019. The British Council International School Award (ISA) is a benchmarking scheme that accredits schools as having an outstanding level of support for nurturing global citizenship in young people and enriching teaching and learning.

The award ceremony will be held in Mumbai on 15 December 2016.

Authorised SAT Center

Trivandrum International School is now an authorised SAT centre for conducting SAT examinations. SAT is a globally recognized college admission test conducted by the US based CollegeBoard and accepted for US college admissions.

Admissions Testing Services

Many universities require applicants to take an admissions test or pre-interview assessments as part of their application. The Admissions Testing Service (ATS), offers a range of tests and tailored assessment services to support selection and recruitment for educational institutions, professional organizations and governments around the world. ATS is part of Cambridge English Language Assessment, a not-for-profit department of the University of Cambridge. Trivandrum International School is now an authorized test centre for ATS to conduct the suite of tests administered by ATS. For more details, visit www.admissionstestingservice.org.

SPORTS

The Annual Sports day

The Annual Sports Day was conducted on the 21st of October in the Sports Ground. The day started off with the flag hoisting by the Principal, followed by march past by the



four houses and the oth taking by the four house captains led by our School Sports Captain, Aditya. This was followed by a display of various sports, a colourful display by the PYP students and a Yoga demonstration. Our State Junior Karate



Champ, Ben Krish of grade 1 gave a show of his Karate skills afterwards. As the four houses cheered for their participants, there was healthy competition and sportsman spirit in the air adding to the excitement throughout the day!







Basketball

The first inter school basketball tournament was hosted by Trivandrum International School on the 30th of September. 9 schools from the city participated. In the Boys' category, St Josephs were the overall champions and G V Raja School were the runners up. In the girls' category, Carmel GHS were champions and St Mary's, Pattom the runners up.





Tennis

The All Kerala State Inter School tennis Tournament was hosted by Trivandrum International School on the 7th of October, 2016, on behalf of the All Kerala Association of ICSE/ISC Schools.



Workshop on Sustainable Development for school teachers and students organised by the German Commission, UNESCO

A 5-day workshop was organised by the German Commission of UNESCO at Hotel Raviz, Kollam which was attended by teachers and students from six schools in Germany along with selected schools of India. Trivandrum International School was represented by Ms. Rajani Roy, AshlinAji of 9 IG B and MariyamIfhamSabig of 9 IG A. The National Coordinator of German Commission, UNESCO, Mr. Heinz-JurgenRickert planned this workshop on Sustainable Development and organized interactive sessions for the students and teachers on topics like “Energy for all – a Utopia?”, “Traditions – obstacles for the intercultural dialogue?”, “Consumption – my personal responsibility for climate change” and “Global Citizenship – the key to a better future?”.

The Germans and the Indians exchanged their viewpoints on all these topics and realized that most of the problems are common in both the countries and though we speak different languages, it is possible to find a solution that will work in both the nations.

The students worked on a scenic installation called “Fail and Hope” in which they performed a play in mime through which they showed how nations play politics with serious problems of the world like the overcrowding of refugees in Germany. The play was part of the concluding ceremony of the workshop which was hosted by the Trivandrum International School.

A trip to MitraNiketan, a non-profit educational institute was also organized as part of the workshop.





Mr Syed , Director of Goethe Zentrum,Trivandrum and the National Coordinator of German Commission, UNESCO, Mr. Heinz-Jürgen Rickert interacting with the Principal,Ms Rupa Sen





The Round Square International Conference, Switzerland

This year's Annual Round Square International Conference held at Aiglon College, Switzerland from 9th to 15th of October was attended by our President, Mr. George M Thomas, Executive Director, Ms. Sapnu George and Principal Ms. Rupa Sen. The student community was represented by Kannan M and Aparna Nair of Year 10.



RSIC 2016 , Aiglon College, Switzerland- Reflections by Aparna Nair

This year's Round Square

International Conference was themed "The journey that makes us," and as the conference progressed, I came to realize how aptly named it was.. When I walked into Trivandrum International Airport the night of October 8th, dragging my suitcase with slight trepidations, I began my own personal journey; small, yet moving.



After a (rather uneventful) flight to

Dubai, we boarded the six-hour-flight to Geneva, where Kannan and I conversed in jittery voices as Ms. Rupa rested. After leaving the airport with pockets full of Swiss Francs, we took a cab to Geneva Hostel where we would stay the night. There, we met the delegation from Mayo College. The next day, after a train ride to Aigle, we boarded a bus to get to Aiglon College; the IB school where the conference was being conducted.

Every day of the conference promised something new for us, starting with the Opening Ceremony, where I carried our flag to be displayed; the keynote speakers enthralled us, the activities thrilled us, and the people we met stimulated our minds. We listened to Sir Jackie Stewart, Formula One racing champion; Mark Grist, poet and rap battle enthusiast; Meagan Fallon and Alessandra Morelli, two highly successful feminists; a panel of three "Aiglonian" alumni; Liz Turner, a self-made woman who looked past her setbacks; Ben Saunders, polar explorer; Peter Charaf, ocean conservationist; Koome Gikunda, another alumnus; and finally, Nick Howes and Col. Al Worden, to speak of the stars and the beyond. With each speaker, we shared struggles and triumphs; sorrows and lessons; we would discuss these in our frequent baraza meetings. Between these meetings, we roamed around campus or into the village, or relax in our rooms back at our houses. Cultural rehearsals were arranged for us, and we chose

an IDEALS activity each; Kannan and I were tasked with footpath service, in which we lightened the load of the forestry department by two months, restoring the jogging path. We watched a local hockey game (team Villars-sur-Ollon!), ignoring the freezing cold, staring open-mouthed at the battered puck gliding over the ice. After the Closing Ceremony, in which I carried our flag back, we performed AR Rahman's "Vande Mataram," "Thai Manne Vanakkam" for the Cultural Night, and we watched our new friends share their heritage as well. Following the End of Conference Dance were a few goodbyes, and the next morning, we returned to Geneva Hostel to spend a day before our flight.

The thing about experience is that it's both extremely easy and hard to gain. Every moment in a new environment simultaneously educates you a bit more about the world instantly, and makes you work to understand it. I learned how to be independent; how to handle unfamiliar situations on my own, take care of myself, and interact with an incredibly diverse selection of students. I feel more prepared for university life; I've been introduced to new possibilities; and in the mix, I've brushed up on my French. I've learned of other's experiences, and figured out how to apply them myself.

Technically, this journey was just a school trip. But it made me rethink many aspects of my life, however minute. This may seem cliché, but I really did comprehend the link between the IDEALS; responsibility. I've seen how much more there is for me to see. When it comes to Round Square conferences, whether you attend one or ten, each will be something special, and change you. They are all small journeys which make the greater you.

Model United Nations, Welham Boys School

Nine students from Year 10 & 11 accompanied by a teacher attended the Model United Nations at Welham Boys School at Dehradun from 2nd to 4th of October. Our student Sabari Manoj got outstanding delegate award .



Social Service

Daan Utsav , earlier called Joy of Giving Week (JGW), is India's very own festival of giving, celebrated from October 2nd to October 8th. Trivandrum International School has been part of the celebrations this year too with various activities such as:

- Donation of rice and an iron box with a table to a girls orphanage " Guilds of service " . Our IX grade students visited and spend lot of time with the girls , they played , sang and danced with them .
- Donation of rice to the Palliative care unit , Chavara.
- Lessons on basic IT skills to the Rural govt,school students LPS,Korani, LPS Msnalakam ,LPS. Pattathil .
- Donating books to the Regional Cancer Centre , Trivandrum, for the Paediatric ward Library .
- Donation of Green gram to the TNDP, (Trivandrum District Network of people Living with HIV/AIDS)
- Our Food Fair when every student brings food from home for fund raising and to help the under privileged .



Food Fair - PYP



Food Fair – Middle & Senior School



Student reflections on Daan Utsav

Visit to the Guilds of Service Orphanage

On Friday 14th of October, we the students of grade nine went to the Guilds of Service orphanage for girls. When we reached there we were welcomed in by some of the girls who had come from school just to see us. They even remembered some of us who had been there before and we were happy to see that. The school had given rice and ironing equipment which we gave to the children. We couldn't meet everyone because most of them were still at school. We then talked to them and got to know their names, age and the school they study in.

We then made a circle where they sang a song for us and it was really good to hear because they sang so well! Later we decided to play games with them which was really fun. First we played hide and seek where people had nowhere to hide so we switched to lock and key where they had to catch us and we had to catch them. We then played fox and the chicken where we make a circle and one person is inside the circle and another one is outside. The goal was for the one outside to catch the one inside and that game turned out to be the best!

And before we left, some of us danced for them and even they wanted to dance for us. It was sad leaving them and they didn't want us to leave either. It was sad that these children had no parents and have any facilities like us, yet they were really happy to be with each other, like they together are now one big, strong family. We were glad that we visited because even though we had to leave, we were happy to make them happy.

-Govind B, Year 9 IGCSE

Visit to the Palliative Care Centre, Chavara

The students of grade 8 went to Chavara Cancer Centre on the 5th of October. We left the campus at 9 am by bus and we reached there by 11. We were divided into three groups and talked to the patients and nurses. Most of them were smokers and they had lung cancer. At around 11:30 the doctor reached there and he spoke on how cancer is caused and what happens to our cells. He also showed images of cancer patients. We left the place at 12 pm. All of us were really sad with some of us in tears on our way back to School.

- Navneet, Year 8

Exchange Programmes

Indo French Exchange Programme

Eighteen students from Ecole Jeannine Manuel School, Paris under the guidance of Mr. Barry De'Souza and Ms. Sophie Parkman visited Trivandrum International School for three days from 24th of October to 26th of October. The French students took French, science and history lessons for our PYP, middle and senior classes. A group discussion on the topic "Women Empowerment" was also organized.



Indo German Exchange Programme



8 students and 2 teachers from Herzog Christoph Gymnasium, Beilstein, Germany visited Trivandrum International School as part of the Indo German student exchange programme. Our students had visited Beilstein in June this year. The German students took part in a workshop on Women Empowerment, along with the French students.

They also attended lessons with their Indian partners. The German students visited the planetarium, the local government schools, Magic Planet & Kaappil beach.

INME CAMP

As part of the 'Outclass' programme organized by INME, students of grades 9-12 went on a camping trip to Utharakhand.

Reflections on the trip by our students

The students of grade eight - twelve went on an adventurous journey to uttarakhand on the 15th of September. The journey to uttarakhand was a long, tiring journey yet a beautiful one due to the beautiful mountains and rivers along the way.

Our INME campus was near the TONS river and it was a lovely one situated on a flat grass ground right next to the TONS river and surrounded by mountains on all the sides.

The moment we got into the campus, We were met by the chief of the campus, Pebe. He was a very friendly person who made plans with us about things we can do in the camp. He even gave us delicious food. He first taught us the rules of the campus that we should follow. Following that we were separated into two groups- the TONS group (consisting of 8 and 9 graders) and the Kedarkhand group (consisting of tenth - twelfth graders). I was among the TONS group. Then we met our TONS group instructors. Aashna, Simone, viki and rajan were the instructors of TONS group. They were the best instructors we could ever ask for and they took care of us so well throughout our trip. We, together were like a family.

We were then allocated to tents in which we had to stay throughout the journey. Almost 5 to 6 people could fit in a tent and being in a tent was a fun and a different experience. The weather there was warm in the afternoon and evening and cold in the night and morning. The rest of the days were one of the beat days that me and my friends had. The instructors taught us a lot of new skills like rock climbing, rappelling, zip lining.

We even had a night out day where we pitched a tent in another mountain and and stayed there for a night and cooked for our self. The night sky was so beautiful there and i had a very good experience and learned a lot of new things. We were also assigned an activity where we got to know more about the villagers near the camp. They were so different, yet it felt good to know them. The best part was that we got to dip ourselves in the cold stream water during the hot afternoon and it was very refreshing.

Every evening we had series of fun activities like trust fall, capture the flag, crossing the rope without touching it while having full contact with the team members and we also got to play frisbee and football. We even had pool time in the afternoon after lunch where we went reckless, splashing water on each other. Sometimes we, with the instructors sit in a circle and talk about the day. At the end of the journey we talked about who had been the most helpful person to us in the journey and it was good to see how people looked out for each other.



In the second last day, along with the Kedarkhand group, we had the INME Olympics where we were all divided into three groups and got to play series of games. It was very enjoyable and very challenging.

The experience I had through these 8 days of the journey was amazing and fun. It was something I never experienced before. No one ever wanted to leave the place because it was like a paradise even with the simplest things. But the reason why the journey was made the Best was due to the instructors and the chief. I got to overcome a lot of fears, gained new skills and became acquainted with other people. The trip was the best trip ever and it was worth it!

- By Govind B of Year 9 IGCSE

Reflection by Carrera Viyani of Year 11 IBDP

Believe INME

Life gives you many adventures and you get to pick yours. After onam vacations school gave us this opportunity to go to this amazing and adventures camp called INME. so I decided to give it a try because I like adventures.

We began our camp on 15th September. My father dropped me at the Trivandrum airport at 4:00 pm where I met all my friends. We were all really excited for this camp as we never had this kind of experience before. We were all set to begin our journey and with Mrs. Chitra and Thomas sir as our school representatives we were really enthusiastic. We reached the Delhi airport by 7pm we all were really hungry and more than that we never got to go to a good washroom so we had those difficulties too. We left Delhi and then it was a long bus ride from Delhi to Dehradun once we reached Dehradun we changed our buses and we had to travel another 50km to reach the base camp. When we reached the base camp we were all really tired. The camp was located wonderfully next to the bank of the river tons and a waterfall, and inside the camp was even better with a long set of tents with a huge ground for activities the camp also had a small pool and an amphitheater seeing the camp was more than enough for us to become active.

We had a late lunch and we were getting ready to meet our instructors. By evening we were ready to learn the basics of trekking and mountaineering. We also went for a short trek that prepared us for the upcoming trip.

The next day we left early morning by vans to Sankri where we started our trek. it was really tiring but once we reached the camping area we found out that it was worth it we were 10000 feet above the sea level it was exiting to sleep under the stars at a freezing temperature. after two days of trekking we reached our final destination from where we could see the Khedarkhantha peek we were 3600 feet above the sea level we pitched our tents and we had a lot of fun activities.

The next day we headed down back to the base camp we reached tons by noon and we all had a nice long bath. we had only one more day left .so on the last day we had to make sure we enjoy as much as

possible so we had INME Olympics, camp games, and even a camp fire. we all went to bed feeling both happy and sad



All adventures have an end so did ours but this adventure was more than just fun and trekking we learnt so many new skills we also improved in so many things we learnt how to survive in situations and this will always

an experience in my life that I will never forget .

ACTIVITIES IN THE PYP

Discover Kerala

Ms. Bina (archaeologist and historian), met with grade 5 students to start the Discover Kerala project in grade 5. She took a session on the geographical history of the state and the relevance of the mountains in the history of Kerala.

Grade 5 visited Madavoorpara on 7th, the second phase of Discover Kerala. The objective of the trip is to help students visit ruins and excavation sites. This visit is guided by Ms. Bina

Food Fair

Students across PYP celebrated the joy of giving through the annual event - "Daan Utsav" by selling food to their peer. Students displayed attributes like 'caring', 'communicator', 'principled' and 'reflective' through the day. Creative ideas were instantly born to attract attention to their respective stalls.

Field Trip

Grade 1 went on a field trip to a dairy farm as a part of their ongoing theme to investigate how man is dependent on the plants and animals seen commonly around him. They also saw and tasted several types of farm produce available for human consumption.

Parent Orientation

Mr Sanjay conducted a parent orientation for new admissions into the Primary Years Programme on Friday, 14th October, 2016 between 2:30 to 3:30pm. The objective of this orientation was to inform parents about the curriculum delivery in the classrooms and how they can support their child at home.

Exploring sound in Nature

The music department took the students of grade 2 to the rubber estate near school to observe and explore the different sounds one finds in nature. This field trip was part of the integration plan with the unit of inquiry.

State Karate Championship

Ben Krish of Grade 1 won the first place in the 35th Kerala State Karate-do Championship held between 7th to 9th October at V.K. Krishnamenon Indoor Stadium, Kozhikode.



Grandparents Day

The Grandparents of the Early Years were felicitated on September 27 by the staff and students of TRINS. The annual Grandparents Day celebration is an event that is eagerly awaited and there were 67 parents and grandparents who attended the function. The morning started off with a welcome address and a presentation followed by speeches, poems and songs by the students. Fun games involving the grandparents and grandchildren followed. This was another moment that helped grandparents, grandchildren and the teachers of Early years to bond. A day where the grandparents get to spend a day in their grandchildren's school and have fun as they do.



LITERARY FEST



The junior school literary week was conducted from 24th Oct to 28th Oct with myriad activities. The aim was to infuse the students with creativity, understanding, fun and usage of the English language in their daily life. Various activities were organized to enhance the skills in English like reading, speaking, writing, listening and usage of grammar. The inauguration ceremony was conducted on 24th October in the seminar hall. Ms Sapnu George, Ms Rupa Sen, Ms Rensy Oommen and Mr. Sanjay were a part of the auspicious day. Ms Deepa Kiran, (a professional story teller, educationalist and writer) had taken multiple sessions of storytelling for pyp students. A variety of literary competitions like storytelling, story board, poetry recitation, literacy riddles were conducted on 25th and 26th of October. For the first time in junior school we conducted the spell bee competition which was a great success.

We are delighted to introduce the reading challenge, an innovative reading programme by British Council. It is a challenge where each child would have to read six books within a span of 6 weeks.

Students will be awarded certificate by the British Council on the successful completion of reading the 6 books. We had specialized trainers from British Council in school who conducted different workshops to make the reading experience more meaningful and enjoyable for the children. They workshops were conducted on 26th, 27th and 28th of October. The week was concluded with the celebration of the famous writer Beatrix Potter's 150th anniversary. Children read stories of Beatrix Potter and presented them in the form of skit, puppet show, poems and character parade. The English Literary Week was a great opportunity for students to showcase their talent in various skills of reading, writing, speaking, and listening in English with appreciation and love for the language.



Trivandrum International School Model United Nations

TRINSMUN (the Model United Nations programme hosted by Trivandrum international School under the aegis of the Round Square ,will commence on the 5th of November and conclude on the 8th of November 2016..

Participation to our TRINSMUN is reserved exclusively for the Round Square schools of Asia Pacific region and we are delighted with the response we received with several prestigious schools and colleges like .Sarala Birla Academy, Banglore, Him Academy Public School, Himachal Pradesh , Welham Boys' School, Dehradun, Daly College Indore and The Lawrence School, Lovedale participating , making it a truly international forum.

We are even more proud of the fact that a conference of this magnitude has been conceptualized, planned and executed by our students and our alumni. The school has supported this initiative of theirs whole heartedly and brought in Wordz , a debate society based out of New Delhi to train both our delegates and our organizers

During the 3 days of the conference our delegates will debate on globally pertinent issues like Terrorist acquisition of weapons of Mass destruction, the burgeoning refugee crisis, and the economic volatility of oil as a commodity under various committees of UN

The TRINSMUN gives so much more than intellectual impetus - it is meant to give new meaning to the word 'perspective' - not only to be able to understand issues from multiple viewpoints, but to see through contradictions, argue intelligently and reach consensus, which are really closer to being life skills than international diplomacy

It will enhance the ability of the young delegates to develop a broader world-view, as well as a greater understanding of themselves

The hostel stay and the intense debates and diplomacy provides the forum for formation of friendships that last a life time - the formation of a truly international community

By hosting it in our campus we are providing an opportunity for our delegates and organizers to participate and earn credits which otherwise would have involved expensive travel arrangements and loss of academic hours.

We thank our parent community for their unstinted support in this great endeavour of ours.

Visit www.trinsmun.org for details of the programme

Like our Trins Model United Nations page on Facebook for daily updates.



The TrinsMUN Secretariat

Competition in French by Alliance Francaise

The Junior and Senior French Students participated in the Annual Inter School Singing and Recitation Competition organized by the Alliance Francaise de Trivandrum, on Friday October 7. Out of Seven students participated representing our School, six won prizes.



Annual Book Fair

The Annual book fair was conducted in the last week of September .



British Council Reading Challenge Programme

British Council Library, Chennai organized a 3 day Workshop for students from grade 1 to 8 from 26th to 28th October. 4 trainers took 4 hour workshops as part of their Reading Challenge Program. Reading will continue for the next 6 Weeks.

- Trins MUN – November 5th to 8th
- INME – Trip to Coorg for Middle school students – November 4th

**Upcoming
EVENTS**